

University of
Lethbridge



Program Planning Guide

Name: _____

ID: _____

Calendar Year: 2023/2024

Major in Aboriginal Health:

www.ulethbridge.ca/healthsciences/aboriginalhealth

Academic Calendar:

www.ulethbridge.ca/ross/academic-calendar

High School Admission Requirements:

www.ulethbridge.ca/ross/admissions/undergrad/high-school

Current and Past Program Planning Guides:

www.ulethbridge.ca/ross/ppgs

Faculty of Health Sciences Advising:

www.ulethbridge.ca/healthsciences/advising

Bachelor of Health Sciences
Aboriginal Health

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for the accuracy of their own programs. The guide should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and academic regulations.

Contact an Academic Advisor (www.ulethbridge.ca/ross/academic-advising) for advising information.

Name : _____ **ID :** _____

Program Requirements

Completion of at least 40 courses (120.0 credit hours) with a GPA of at least 2.00 on courses taken for credit towards the degree, AND a minimum cumulative GPA of 2.50 on all Aboriginal Health, Addictions Counselling, Health Sciences, and Public Health courses taken for credit towards the degree.

Major Requirements

- _____ ABHL 1000 - Introduction to Aboriginal Health
- _____ ABHL 2000 - Indigenous Healing and Restoration
- _____ ABHL 3300 - Traditional Aboriginal Health Concepts
- _____ ABHL 3310 - Contemporary Issues in Aboriginal Health
- _____ ABHL 4350 - Practicum in Aboriginal Health (15.0 credit hours)
- _____ ADCS 1020 - Introduction to the Counselling Interview
- _____ ADCS 2235 - Indigenous Perspectives on Counselling and Wellness
- _____ HLSC 1010 - Personal Health and Wellness
- _____ HLSC 2310 - Human Nutrition
- _____ HLSC 2700/SOCI 2700 - Health and Society
- _____ HLSC 3260 - Research in the Health Sciences
- _____ HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- _____ HLSC 3510 - Program Planning and Evaluation
- _____ INDG 1000 - Introduction to Indigenous Studies I: Canadian Contexts
- _____ MGT 2081 - Professional Communications Skills
- _____ PUBH 1000 - Introduction to Public Health
- _____ PUBH 3420 - Public Health Ethics
- _____ SOCI 1000 - Introduction to Sociology
- _____ WRIT 1000 - Introduction to Academic Writing
- _____ One course in Blackfoot or Cree
 1. _____

Electives

Courses with a subject code of ABHL, ACCT, ADCS, AGEM, EDUC, FINC, HLSC, HRLR, IGBM, IMGT, MGT, MKTG, NURS, PUBH, or TREC may not be used to fulfill the Fine Arts and Humanities Elective, Social Science Electives, or Science Electives in the Aboriginal Health major.

- _____ One Fine Arts and Humanities elective
 1. _____
- _____ Two Social Science electives
 1. _____
 2. _____
- _____ Three Science electives
 1. _____
 2. _____
 3. _____
- _____ Nine Open electives
 1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____
 7. _____
 8. _____
 9. _____
- _____ One 3000/4000-level course
 1. _____

Sequencing Plan

Students are strongly encouraged to follow the sequencing plan outlined here. Not following the sequencing plan may result in extending the length of your program beyond 4 years.

Year 1, Fall

- Aboriginal Health 1000
- Addictions Counselling 1020
- Public Health 1000
- Indigenous Studies 1000
- Social Science Elective

Year 2, Fall

- Aboriginal Health 2000
- Sociology 1000
- Fine arts and humanities elective
- Science Elective
- Elective

Year 3, Fall

- Health Sciences 2700/ Sociology 2700
- Health Sciences 3260
- Public Health 3420
- 3000/4000-level elective
- Science Elective

Year 4, Fall

- Elective
- Elective
- Elective
- Elective
- Elective

Year 1, Spring

- Health Sciences 1010
- Writing 1000
- One course in Blackfoot or Cree
- Social Science Elective
- Elective

Year 2, Spring

- Addictions Counselling 2235
- Health Sciences 2310
- Health Sciences 3450/ Psychology 3450
- Management 2081
- Elective

Year 3, Spring

- Aboriginal Health 3300
- Aboriginal Health 3310
- Health Sciences 3510
- Science Elective
- Elective

Year 4, Spring

- Aboriginal Health 4350

Note: Completing a minor may require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Academic Advisor prior to declaring a minor.